

COCONUT BREAD

INGREDIENTS

1/2 cup Coconut Flour
1/4 cup Coconut Oil
1/4 cup Almond Butter
1/4 tsp Salt
1/4 tsp Baking Powder
6 Eggs
1/2 tsp Vanilla Extract
To taste Mixed Seeds

METHOD

Preheat the oven to 190C.

Melt the Coconut Oil.

Mix all the ingredients together. You can use 1/2 cup of coconut oil instead of the 1/4 cup of Almond Butter.

Pour the ingredients into a greased baking pan.

Bake for 40 to 50 minutes.