

BULLET PROOF COFFEE

Perfected Bullet Proof Coffee

A perfect way to start your day.

INGREDIENTS

1 tsp Coffee

1 Tbsp Coconut Oil

1 Tbsp Butter

1 tsp Cocoa

1 Egg

1 dash Cream

A few drops Vanilla

Xylitol to taste

INSTRUCTIONS

Blend all the ingredients together.

Add boiling water.

Stir well and enjoy.

