PICKLED CUCUMBERS

INGREDIENTS

3 Cucumbers

2 cups White Vinegar

2 Tbsp Pickling Spice

4 Tbsp Xylitol

METHOD

Peel the cucumbers and cut into thick rounds.

Mix the Vinegar, Pickling Spice and Xylitol together.

Pack the cucumbers into sterilised jars and pour the vinegar mixture over.

Seal and store in the fridge.